

### Appendix 3: Joint Health and Wellbeing Strategy progress report, November 2015 – November 2016

This progress report provides an overview of areas where we achieved and did not achieve our targets as set out in the Joint Health and Wellbeing Strategy (2015 – 2020) as well as providing a narrative for the Barnet Health Profile for 2016. Based on our progress, recommendations are made for areas of focus for the next year (to November 2017).

Theme	Preparing for a healthy life
Objectives	Improving outcomes for babies, young children and their families
Areas of focus	Focus on early years settings and providing additional support for parents who need it
What did we achieve?	<p><b>Barnet's Children and Young People Plan (CYPP)</b></p> <ul style="list-style-type: none"> <li>CYPP is a four year partnership plan setting out local priorities to improve outcomes for children and young people in the borough and represents our joint commitment to making Barnet London's most 'Family Friendly' borough, where communities thrive and build their resilience. The Plan was approved by the councils Children, Education, Libraries and Safeguarding Committee in June 2016 and endorsed by the HWBB in July 2016.</li> </ul> <p><b>Services at centres for children</b></p> <p>The number of families with children under 5 accessing services and Children Centres continues to increase and is on track (target of 65% for registration and attendance target):</p> <ul style="list-style-type: none"> <li>Registration: 73%, 71% of under 5s in targeted LSOA's.</li> <li>Attendance: 59%, 61% in targeted LSOAs. Lower attendance in the West (49%) of the borough compared to East and Central (67%)</li> </ul> <p><b>Oral health</b></p> <ul style="list-style-type: none"> <li>19 Oral Health Children Centre Champions currently trained with further training planned to be delivered over next 12 months.</li> <li>Excellent engagement with hard to reach groups; women's refuges, special schools, community day events and shopping mall road shows.</li> <li>Workshops continue to be delivered in in children centres and primary schools to parents.</li> <li>Healthwatch are currently following-up the issues highlighted through the dentistry mystery shopping exercise with NHS England; Healthwatch are awaiting feedback. Homestart Barnet has undertaken some survey work on behalf of Healthwatch looking at</li> </ul>

<sup>1</sup> Lower Layer Super Output Area (LSOA) is a geographic area designed to improve the reporting of small area statistics in England and Wales.

	<p>family experiences of dental care in Barnet. This has been completed and a report will be published in early September</p> <p><b>Highlights</b></p> <ul style="list-style-type: none"> <li>• Established the 0 – 25 service for children and young people with disabilities with the commitment to integrate health and prepare for SEND</li> <li>• Barnet Youth Board continues engage with a number of projects including Parks and Open Spaces, Public Health and Youth Zone. The membership on the Children in Care Council increased with 16 new people getting involved</li> <li>• 97% of primary schools are signed up to the Healthy Schools Programme which is the highest in London with awards as follow; 53 bronze, 22 silver and 9 gold. This means that schools have planned activities on one of the five topic areas (physical activity, healthy eating, oral health, PSHE and emotional wellbeing) and focus on improving health outcomes as a whole school</li> <li>• The school Health Matters website has been designed and delivered by Central London Community Healthcare (CLCH), which offers a school nursing online health and wellbeing support to young people in secondary schools in Barnet</li> <li>• Accredited 10 children's centres with Healthy Children's Centre status</li> <li>• Put in place Barnet's Corporate parenting pledge; which outlines the council's pledge to provide children in care and care leavers to support them to achieve the best in childhood, adolescence and adulthood.</li> </ul>
<b>Where are the gaps?</b>	<p><b>Health and wellbeing of looked after children</b></p> <ul style="list-style-type: none"> <li>• Initial health assessments are too be completed within 20 days (statutory period) for all children coming into care. Data from the end of 2015/16 and the beginning of 2016/17 showed that this was only the case for 30% of children coming into care. To rectify this, three new GP registrars have been trained across the borough and the pathway has been reviewed to reduce delay. When a child comes into care, consent is now being signed off by the Local Authority and passed to the provider who book the initial health assessment. Improvements have been seen with 72% complete in the required time</li> <li>• Although there has been a shift to making more local placements, 60% of placements have been made in Barnet since April 2016. However, for the whole cohort local placements is at 43.3%.</li> </ul> <p><b>Immunisations</b></p> <ul style="list-style-type: none"> <li>• Currently below England average for each vaccination; this has been a concern since</li> </ul>

	<p>April 2013. Report to the HWBB in May did not provide assurance and HOSC referred this matter to the Secretary of State. The HWBB asked for a review of activity. HWBB received a further update in July, NHSE continue to be unable to provide assurance that immunisations are at an appropriate level.</p> <p><b>The two year old (free childcare) offer</b></p> <ul style="list-style-type: none"> <li>• The council has been working to increase the supply and demand of the two year old (free childcare) offer</li> <li>• 23 expressions of interest received to ensure viability of new/extended provision.</li> <li>• Feasibility of 2 sites completed. Training to Children Centre Staff on Free Early Education (FEE)2 eligibility and application has been completed.</li> <li>• Online process has been streamlined and a new brokerage processes provide a robust service to families.</li> </ul> <p><b>Breastfeeding</b></p> <ul style="list-style-type: none"> <li>• 85.1% of mothers initiate breastfeeding when their baby is born in Barnet, this is 2015/16 data and the most up to date data available (June 2016). Barnet has a lower percentage of babies who have ever been breastfed compared with the European average of 89.1% CLCH Breastfeeding peer review contract continues to is meet it's KPI's.</li> <li>• 8 new groups are currently running across the borough and Stage 1 UNICEF accreditation achieved, working on Stage 2 which will involve 20 staff being audited due in January 2017.</li> </ul>
<p><b>What remains a priority? (suggested areas of focus up to November 2017)</b></p>	<p><b>Improving the health and wellbeing of Looked after Children</b></p> <ul style="list-style-type: none"> <li>• Target <ul style="list-style-type: none"> <li>○ All initial health assessments completed within time frame (20 days)</li> <li>○ Review Health assessments for children looked after for a year or more</li> <li>○ Increase the proportion of locally placed looked after children – to at least 46% (2017/18) to 53% (2019/20)</li> </ul> </li> <li>• Continue to closely monitor the provider including staff vacancies.</li> </ul> <p><b>Increasing the uptake of childhood immunisations</b></p> <ul style="list-style-type: none"> <li>• Target – Increase uptake of childhood immunisations to be above the England average</li> <li>• HWBB to receive an in depth analysis of GP data conducted by NHS England at its meeting in November 2016 where onward action will be agreed.</li> </ul>

	<b>Early years review</b> <ul style="list-style-type: none"> <li>The council (including Public Health) will work with Barnet CCG to further integrate service offer of health-related services in early years settings improving service delivery for families.</li> </ul>
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Theme	Wellbeing in the community
Objectives	Creating circumstances that enable people to have greater life opportunities
Areas of focus	<p>Focus on improving mental health and wellbeing for all (year one priority)</p> <p>Support people to gain and retain employment and promote healthy workplaces</p>
What did we achieve?	<p><b>Adults mental health services</b></p> <ul style="list-style-type: none"> <li>Barnet CCG and the Council have embarked on large scale redesign programmes to improve mental health services in Barnet. This includes working differently with primary and secondary care</li> <li>Reimagining Mental Health – Is a co-design programme facilitated by Barnet CCG. Primary Care Link Workers have been recruited to support better management of chronic illness, improved partnership working and faster access to primary care. The Barnet Wellbeing Centre pilot, voluntary sector collaborative, opened October 2016 at the Meritage Centre supported by a telephone gateway and grounded in principles of social prescribing</li> <li>Mental health social work – consultation is underway with staff. LBB are working closely with the Trust and the CCG around the changes to the Trust services and the CCG development relating to working with Primary care services</li> <li>Barnet is part of the London Digital Mental Wellbeing is a two year programme to develop, test and evaluate a 24/7 digital mental wellbeing service. The service is expected to launch at the end of October 2016</li> <li>Community Centred practice – aims to improve community wellbeing through community champions in General Practice. 8 practices have been identified and the programme is underway.</li> </ul> <p><b>Employment and healthy workplaces</b></p> <ul style="list-style-type: none"> <li>Individual Placement and Support (IPS): since January 2015, the IPS service helped 50 residents with severe mental illness to move into employment</li> </ul>

	<ul style="list-style-type: none"> <li>• Motivational and Psychological Support (MAPS): for unemployed residents who are suffering mild to moderate mental health problems particularly resident who are long-term sick and whose needs are so complex that they require support from more than one agency. Between November 2014 and June 2016 MAPS helped 144 residents to move into meaningful employment</li> <li>• The council's BOOST community support has also supported over 200 people into work and the council is working to develop this service in other areas in the borough</li> <li>• Barnet Council has achieved the excellence standard of the London Healthy Workplace Charter. Barnet CCG has now decided to work towards Charter accreditation.</li> </ul> <p><b>Highlights</b></p> <ul style="list-style-type: none"> <li>○ Through a competitive tender that went live in September, the Council aims to improve the accommodation and support offer for adults in the borough through the development of new models to help people remain independent and avoid permanent admissions to residential and nursing provision</li> <li>○ To improve conditions in the private rented sector, the council implemented an Additional Housing in Multiple Occupancy (HMO) Licensing scheme in July 2016. 21 HMO licences under the new scheme have been issued to date.</li> </ul>
Where are the gaps?	<p><b>Child and Adolescent Mental Health Services (CAMHS)</b></p> <ul style="list-style-type: none"> <li>• Barnet's CAMHS Transformation Plan was approved at the end of 2016</li> <li>• In year investment in primary care, additional schools capacity and early intervention</li> <li>• additional plans are in place for 2016/17 including work to reduce waiting times</li> </ul> <p><b>Employment for people with disabilities</b></p> <ul style="list-style-type: none"> <li>• Proportion of adults in contact with secondary mental health services in paid employment was 7.2% at quarter 1 (2016/17) against a target of 7% for 2015/16</li> <li>• However, the increase this is due to a reduction in the overall cohort size rather than an increase in the numbers employed</li> <li>• There is now significantly more mental health provision with a focus on DWP client groups but less focus on those only in contact with adult social care</li> <li>• Some gaps in provision have been identified as: <ul style="list-style-type: none"> <li>○ Specialist employment support for ASC learning disabilities clients (IQ under 70)</li> <li>○ Supporting MH clients to retain employment</li> <li>○ Job Brokerage at scale.</li> </ul> </li> </ul>

	<p><b>Keeping Warm and Keeping Well</b></p> <ul style="list-style-type: none"> <li>• Aiming to reduce excess winter deaths</li> <li>• The Winterwell programme improved delivery on last year's programme supported more people to access grants (21 people supported), supporting more residents with advice and practical help (561 small scale / temporary aids) and training more staff (119). 238 people from Barnet were involved in the Big London Energy Switch which gave a total collective saving of £69,991. Furthermore, Groundwork has trained 18 volunteers to deliver Green Doctor who have completed 127 advice sessions.</li> <li>• Planning for the Winter well programme (Keeping Warm and Well) for 2016/17 is underway directed by a steering group of key partners. Aspects for exploration include links with personal health budgets, joint communications, promotional links with flu vaccinations and ways of using technology as part of the programme.</li> </ul>
What remains a priority? (suggested areas of focus up to November 2017)	<p><b>Mental health</b> remains a priority, as reflected in the NCL STP, with a focus on service redesign</p> <ul style="list-style-type: none"> <li>• CAMHS <ul style="list-style-type: none"> <li>○ In order to improve CAMHS provision, Barnet CCG and Barnet Council agreed to jointly recommission CAMHS at the HWBB in September 2016</li> <li>○ Public health are supporting the redesign of CAMHS; developing a programme of work that is based on the Thrive Model. The new approach will improve access to services by improving sign posting, self-management and enabling one off contact in order to improve coping mechanisms in children and young people.</li> </ul> </li> <li>• Different ways of working with secondary and primary care for adults mental health services <ul style="list-style-type: none"> <li>○ Monitor the impact of the Barnet Wellbeing Hub and continue redesign</li> <li>○ Improve talking therapies, IAPT services will become part of the Wellbeing Hub</li> <li>○ Expanding the Network model to take people who do not meet the eligibility for social care and offer a six week enablement programme.</li> </ul> </li> </ul> <p><b>Employment</b></p> <ul style="list-style-type: none"> <li>• Increase the proportion of adults in contact with secondary mental health services in paid employment. Exploring opportunities for sustaining the current offer, particularly through NCL partners and WLA.</li> <li>• Increase the proportion of adults with learning disabilities in paid employment</li> <li>• Planned actions:</li> </ul>

	<ul style="list-style-type: none"> <li>○ Developing the market and engaging with providers not yet operating in the borough and procuring an approved list by April 2017</li> <li>○ Embed employment in care plans – develop the role for brokerage in securing employment pathways, embedding strengths based practice and continue to develop the Mental Health Enablement model</li> <li>○ Raising quality of provision within existing day-care – including the Your Choice Barnet transformation and hold Job Coaching and Brokerage Skills (delivered by British Association for Supported Employment)</li> <li>○ The Council as a public sector leader - leverage to create job opportunities through contracting and becoming a disability confident employer</li> </ul>
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Theme	How we live
Objectives	Encouraging healthier lifestyles
Areas of focus	<p>Focus on reducing obesity and preventing long term conditions through promoting physical activity</p> <p>Assure promotion and uptake of all screening including cancer screening and the early identification of disease</p>
What did we achieve?	<p><b>Excess weight - children</b></p> <ul style="list-style-type: none"> <li>• The child weight management pathway has been established and is working well for children and their families. Tier 2 targeted weight management services includes Alive n Kicking (AnK) and Healthy Weight Nurses (HWN). AnK saw 67 referrals and 39 completers between April 2016 and June 2016.</li> <li>• The STOP programme was delivered at St Mary's &amp; St John's CE School, Queenswell Junior School and The Hyde Primary School from April – June 2016 and saw 202 children weighed and measured at week 1 and week 12. HWN saw 67 completers stating the service is a good or excellent.</li> <li>• Shape, part of the tier 1 offer for 14 – 19 year olds, is a Sport England funded project providing sports and physical activity opportunities to young people in Burnt Oak and Colindale. Over 1300 young people engaged in the programme since it began in January 2015.</li> </ul> <p><b>London Youth Games</b></p> <ul style="list-style-type: none"> <li>• London Youth Games run from November – July each year. For 2015/16, approximately</li> </ul>

150 young people participated in the games and Barnet did particularly well in Swimming Mini (Gold), Squash Female (Silver), Mini Boccia (Bronze) and Cross Country (Gold, Silver and Bronze medals achieved across the age groups).

- Barnet's netball team finished 9th place which is the highest the borough have ever placed. One young person was spotted by England Netball at the finals and was invited to train with the London & South East region over the summer.

#### **Leisure service membership and attendance**

- From June - August 2016 there has been an increase by 1,813 members and a year on year increase of 356 members. The increase in members is primarily attributed by the following membership types sports courses and junior memberships.
- Attendances (usage) between January - August 2016 currently stands at 812,195 (1.95% increase year on year) which can be attributed to the growth of sports (clubs/dry courses/dry sports/holiday).

#### **Reducing the health harms from shisha**

- At the Board's request, Public Health has been coordinating a project group with internal stakeholders from London Borough of Barnet including Environmental Health, Trading Standards, Community Safety, Planning, Communications and Planning.
- The HWBB will receive a further report in January 2017 regarding the group's progress.
- As part of a borough wide health education campaign, Public health undertook three focus groups which informed the shisha campaign. The campaign launched in October 2016.

#### **Highlights**

- In partnership with the Broadwalk Shopping Centre, Public Health put together a series of events and activities to promote awareness of early diagnosis of cancer. A total of seven events aimed at raising public awareness of signs and symptoms and early detection of cancer between June and November 2015. 598 people visited the events and 32 people referred to mammogram and other cancer screening services
- A contract was awarded to Social Marketing Gateway to deliver Prevention and Wellbeing Training which is based on the Making Every Contact Count (MECC) principles. The training will be delivered to 150 staff including customer services, Barnet homes and mental health wellbeing hub staff in 6 months starting from September. The training will focus on skills to start a conversation and support behaviour change and look



	<p>at a wide range of health and wellbeing topics. Over 30 staff trained by October 2016. Considering second phase roll out for a further 150 staff.</p>
Where are the gaps?	<p><b>Participation in sport and physical activity</b></p> <ul style="list-style-type: none"> <li>• Participation levels in Barnet have been static for the past 4 years previously reported through the Sports England Active People Survey. The most recent data (Active People 9, October 2014 – September 2015) shows a decline to 37.7% of the adults population (16+) participating in Sport at least one a week.</li> <li>• In Barnet, participation levels for women are low and are declining as well as participation levels for people from low income families and BAME communities.</li> <li>• The Sport and Physical Activity (SPA) team continue to work with partners, clubs and organisations across the borough to improve levels of physical activity. The SPA team are working with London Sport's open data portal; a rebranded Get Active London website to co-ordinate and provide a list of activities and opportunities for Barnet as well as working with our Leisure Provider to target groups to encourage participation.</li> </ul> <p><b>Excess weight – adults</b></p> <ul style="list-style-type: none"> <li>• Public Health are working to develop an Obesity Strategy that will include mechanisms to work with key stakeholders such as planners, licencing teams on utilising the built and natural environment to improve obesity levels. A draft strategy will be available in December 2016. The Fit and Active Barnet Partnership, will be re-established to oversee the delivery of the Fit and Active Barnet Framework; including recommendations from the Obesity Strategy.</li> </ul> <p><b>Screening</b></p> <ul style="list-style-type: none"> <li>• The HWBB has not received a report from NHS England regarding screening activity and therefore has not been assured that screening rates in the borough are improving. Latest available data indicates that cervical, breast and bowel screening are all failing to meet targets and are on slight downward trends (although Bowel shows a slight improvement in last reported month – January 2016). This position is consistent with other boroughs for cervical and bowel but against the NCL trend for breast screening.</li> <li>• NHSE has undertaken to provide an annual report which will be presented to the HWBB will in January 2017 and to the JHOSC in Feb. The report in January will be accompanied by a Healthwatch consultation report providing the value perspective from residents in the borough regarding their experiences of screening services in the borough.</li> </ul>

**Health checks**

- To improve the targeting, offer and uptake of health checks in Barnet, Public Health recruited a Health Check-Smoking Cessation Co-ordinator who started in September 2016. The new GP contract drafted and issued to GPs includes a greater focus on practices carrying out health checks on patients living in more deprived areas.

**Sexual health**

- In Barnet provision of commissioned self HIV testing service (Home sampling) to further reduce late diagnoses and encourage HIV testing continues. Uptake of the Home sampling service indicates high acceptability. GUM services continue to offer HIV testing to all patients accessing the service. The services offered 99% of clients a HIV test with 84% accepting the offer to be tested (against a target of 80%).
- The GUM and Contraception and sexual health (CASH) services provide outreach and sex relationship education to young people in various settings, signposting young people to local services according to their need. This approach has led to an increase of young people accessing GUM and CASH service for contraception needs.
- Commissioners have been encouraging providers to promote Long Active Reversible Contraception (LARC) to young people as this is more reliable and long term ensuring reduced chances of unplanned conceptions. The uptake of LARC in CASH went up from 707 in Qtr.4 2014/15 to 847 2015/16 which indicates high acceptability by the young people.
- The Barnet and Harrow Public Health team continues to work alongside other Local authorities in the North Central London Sub-Region to collaboratively procure sexual health services for the London North Central Region. Camden and Islington Local Authorities are leading on the procurement of sexual health services. The tender to procure sexual health services was issued in August 2016.

**Alcohol**

- In October 2015, alcohol Intervention and Brief Advice (IBA) was included in the new Adult Substance Misuse Service integrated treatment and recovery pathway delivered by WDP. IBAs are now delivered in a broader range of settings than before i.e. A&E Department, Criminal Justice System. IBAs were undertaken for all existing and new clients and therefore the Substance Misuse Service exceeded its target for 2015/16 (1662 interventions occurred; the target was 1400).
- A single point of access for information, advice and support with regards to substance

	<p>misuse is in place which includes a holistic and thorough health and wellbeing assessment. Furthermore, from October 2016 there has been an Alcohol Liaison nurse at Barnet Hospital.</p> <ul style="list-style-type: none"> <li>• Following a Young People's Barnet Drug and Alcohol Needs Assessment which informed a new Service Specification, a procurement exercise was undertaken for a new Young People's Drug and Alcohol Service (Barnet YPDAS). The new service, delivered by WDP, started on the 1st September 2016.</li> <li>• Barnet will maximise the opportunities that come from the Haringey health devolution pilot which is investigating the need for local authorities to be given new planning and licensing powers to create healthier communities.</li> </ul>
What remains a priority? (suggested areas of focus up to November 2017)	<p><b>Reduce excess weight in children and adults</b></p> <ul style="list-style-type: none"> <li>• Target: reduce excess weight in adults and children</li> <li>• Develop and agree an Obesity Strategy and Action plan</li> <li>• Establish the Fit and Active Barnet Partnership</li> <li>• Through a multi-agency approach (Saracens Sport Foundation, England Athletics, LBB, Barnet Partnership for School Sport and MDX University) primary schools are encouraged to increase physical activity levels by participating in the Mayors Golden KM Challenge encouraging 15 minutes of physical activity every day. Seven schools engaged with pilot phase and currently recruiting more primary schools focusing on recruiting PH 'priority schools' (schools with the highest prevalence of overweight and obese children according to the National Child Measurements Programme)</li> <li>• Focus on the built environment and how we can maximise the built environments role in encouraging healthy lifestyles for all residents</li> <li>• A new leisure management contract has been developed with an increased focus on public health outcomes. A formal procurement process commenced in October 2016, a successful bidder will be appointed in August 2017 and the new contract will commence on 1 January 2018.</li> </ul> <p><b>Increase screening uptake</b></p> <ul style="list-style-type: none"> <li>• Target: increase screening uptake</li> <li>• HWBB to receive a report in January 2017 and agree and Joint HOSC in February 2017</li> <li>• PH is working with PC colleagues in CCG to look at local actions to improve uptake</li> </ul>

Theme	Care when needed
Objectives	Providing care and support to facilitate good outcomes and improve user experience
Areas of focus	<p>Focus on identifying unknown carers and improving the health of carers (especially young carers)</p> <p>Work to integrate health and social care services</p>
What did we achieve?	<p><b>Carers</b></p> <ul style="list-style-type: none"> <li>• The council's Carers and Young Carers Strategy 2015-20 was agreed at Policy and Resources Committee in February 2016.</li> <li>• Children and adults services worked together to procure a new carers support service for carers (including young carers) in Barnet which started on the 1 October 2016. Carers and Young Carers Support services include targeted support to raise awareness of employment rights of carers with local businesses and with carers and young carers. The new contract also focuses on increasing identification of carers, improving the respite offer for carers and ensuring that high quality individualised and tailored support is available to meet carers needs.</li> <li>• Barnet's Specialist Dementia Support Service, which launched in June 2016, works with people with dementia and their carers to support them with their care needs. The service aims to minimise the risk of carer breakdown, help provide carers with new skills to manage their own health and wellbeing, and to help support more people with dementia to be able to continue living in their own homes. The service delivers support to people with dementia and their carers over a 4 month period and works with a maximum of 28 people (carers and people with dementia) at any one time.</li> </ul> <p><b>Barnet Integrated Local Team (BILT)</b></p> <ul style="list-style-type: none"> <li>• Since BILTs inception (August 2014, seeing patients from October 2014) it has seen 529 referrals; 288 have been discharged from the service and there are 61 active cases focused in the West of the borough. BILT supports the delivery of our Better Care Fund objectives</li> <li>• BILT has been expanded. A pan Barnet approach has been developed and started to roll out in September 2016 aiming to improve the effectiveness of the service through further</li> </ul>

join up with health, social care and the voluntary and community sector. The new model will be focused on identified cohorts based on level of risk.

#### **Palliative care**

- Through partnership working with the voluntary sector and the community, the importance of the identification of the end of life phase and options for support have been communicated to GPs via the GP bulletin, forum and locality meetings. Training has been carried out with Care Home staff.

#### **Stroke**

- A Barnet high level review has been completed; the stroke pathway in Barnet is comprehensive. One key theme emerging to report is the high number of discharges from the Hyper Acute Stroke Unit (HASU) and Acute Stroke Unit (ASU) through the Barnet Early Stroke Discharge (ESD) service with Central London Community Health (CLCH). This demonstrates the effectiveness of ESD to support appropriate patient flow directly from a HASU and should be a priority area for additional investment and increase in capacity in response to the Five Year Forward View, and the Sustainability and Transformation Plans (STPs).

#### ***Patient story***

*SD is a 47 year old African woman, She suffered a right sided ischemic stroke while at home. SD did not seek help immediately, eventually she presented at her nearest hospital which did not have an accident and emergency unit. She could not be treated there but an ambulance was called and she was rushed to a hyper acute stroke unit. SD was supported over a 5 month period and received 2 home visits (3.5 hours), 3 telephone meetings and 3 mailings of information to support. The Stoke service liaised with her GP, our Back to Work Team and the Neurological Rehab Service at Edgware to support her. Provided support and information about finding part-time employment, volunteering, healthy lifestyle as well as reassurance about her appearance following the stroke.*

#### **Dementia**

- Dementia diagnosis rate is 76.7%, which is above the national rate of 66.9% and Barnet continues to meet the 12 week target of referral to diagnosis. The re-commissioned dementia support services, provided by the Alzheimer's Society, commenced on 1 April

	<p>2016. (Day Opportunities Service, Dementia Advisor Service, Dementia Cafés and carer support). A launch of the new service is being planned for later in the year.</p> <ul style="list-style-type: none"> <li>• The Alzheimer's Society ran a successful event: 'Dementia Friendly Barnet' on 18 May 2016. 54 people attended from 31 organisations in the borough with 18 organisations committed to joining the Dementia Action Alliance.</li> <li>• University College London (UCL) Partners have confirmed they will be giving further delivery of dementia awareness sessions as part of ambition to create dementia friendly GP practices. These are due to take place in late 2016/early 2017.</li> <li>• Work continues on the commissioning of an innovative dementia focused extra care housing scheme comprising 51 flats opening in Spring/Summer 2017.</li> </ul> <p><b>Transforming Care</b></p> <ul style="list-style-type: none"> <li>• North Central London (NCL) Transforming Care Partnership (TCP) between Barnet, Camden, Enfield, Haringey and Islington CCGs was established in early 2016. Reflecting National Transforming Care plans the key priorities for the North Central London TCP are a reduced reliance on inpatient services (closing hospital services and strengthening support in the community) and improved quality of life for people in both inpatient and community settings.</li> <li>• Barnet's Winterbourne Concordat cohort is currently 10 patients which is the lowest it has ever been.</li> </ul>
Where are the gaps?	<p><b>Personal Health Budgets</b></p> <ul style="list-style-type: none"> <li>• Discussions on implementing PHBs taking place with service users, Providers, including CLCH and BEH-MHT and Voluntary Organisations. Barnet CCG in discussions about different options for brokerage, with the intention to procure local brokerage provider.</li> </ul> <p><b>Identification of atrial fibrillation(AF)</b></p> <ul style="list-style-type: none"> <li>• Following initial delays, work is underway to improve AF identification in Primary Care. The programme to go live in autumn and aims to reduce rate of emergency hospital admissions due to stroke.</li> </ul> <p><b>Reduce injuries due to falls</b></p> <ul style="list-style-type: none"> <li>• The Falls Service will continue to be delivered from Finchley Memorial Hospital. However, to provide a more holistic service, it will become embedded within the Older People's Assessment Service (OPAS), which is currently being developed.</li> <li>• Falls do not happen in isolation and this new method of delivery will ensure the full range</li> </ul>

	<p>of service user needs are met. Review to explore making our falls pathway NICE compliant is underway.</p>
<p>What remains a priority? (suggested areas of focus up to November 2017)</p>	<p><b>Care closer to home</b></p> <p>Barnet CCG is establishing executive support to a programme of work designed to radically enhance the delivery of appropriate Care Closer to Home. A number of projects and service developments have been identified from local and national strategies from the Five Year Forward View (NHS England, 2014), GP Forward View (NHS England, 2016), CCG commissioning intentions &amp; NCL Sustainability and Transformation Plan (STP).</p> <p>In order to develop a new Care Closer to Home approach a key requirement is to create a major shift of balance from avoidable hospital admissions to integrated health, social care and third sector models delivered in community and primary care settings. In order to become effective this work must be aligned to four core values. These four values are aligned to the national best practice New Care Models (NCM) programme and can be identified as:</p> <ul style="list-style-type: none"> <li>• Prevention and Health lifestyles.</li> <li>• Supportive Self-Managed Care.</li> <li>• Integrated First Point of Access and;</li> <li>• Integrated Community Model of service.</li> </ul> <p>The implementation of the care closer to home vision will be overseen by a sub-committee (or group), managed through a programme management approach and will become more comprehensive over time. The committee will consist of:</p> <ul style="list-style-type: none"> <li>• CCG GP colleagues</li> <li>• CCG Primary Care Transformation Lead</li> <li>• CCG Director of Strategy</li> <li>• CCG Commissioning</li> <li>• Public Health Lead</li> <li>• GP Practice Manager</li> <li>• Social services</li> <li>• CCG Finance</li> </ul>

- Health watch
- CCG Quality Lead.
- CCG Communications
- PMO

A multi-agency stakeholder forum will also need to be established to enable cross-sectorial inputs and oversight, and it may be that the recently revamped Health and Social Care Integration Board could be used for this purpose.

Next steps:

In collaboration across the local health economy and STP footprint Barnet CCG will commence an intensive, focussed and directed programme of work around a number of prioritised initiatives which will deliver on the vision.

**Carers (including young carers)**

Delivering the Carer and Young Carer Strategy –

- Focus on identifying unknown carers
- Improving the health of carers (especially young carers)